

# G.R.A.D. AGGIES DAY FALL 2019

September 26<sup>th</sup> 2019 | Rudder Tower 701

## In preparation for G.R.A.D. Aggies Day, please:

- bring a laptop (and charger) or tablet in order to actively participate in some of the sessions;
- create an Imagine PhD account: <https://www.imaginephd.com/>;
- create a myIDP account: <https://myidp.sciencecareers.org/>;
- bring any estimates of your financial expenses/budget.

**8:00 am**      **Check-in**

**8:30 am**      **Welcome and Introduction to G.R.A.D. Aggies Day Fall 2019**

**8:45 am**      **Creating an Individual Development Plan** presented by the Career Center & Center for Teaching Excellence  
*This session will familiarize students with Individual Development Plans (IDPs) and resources. IDPs help graduate students 1) identify possible career paths, 2) assess skills that need strengthening, and 3) strategically progress towards career goals and degree completion. In this session students will become familiar with the Center for Teaching Excellence's IDP tool and its utility in identifying and achieving academic and career goals. Students will also have the opportunity to explore the ImaginePhD IDP and myIDP tools, which allow students to assess values, interests and skills and how they intertwine when determining career paths. (2 PDUs)*

**10:30 am**      **Break**

**10:45 am**      **Copyright Basics** presented by the University Libraries  
*This session will help graduate students better understand their rights as students through articulating the foundations of copyright laws and how they relate to academic work. This session will be beneficial to anyone who is writing, researching, or creating. (1 PDU)*

**11:45 am**      **Lunch**

**12:30 pm**      **Creating a Life of Balance & Wellness** presented by Counseling & Psychological Services  
*Completing graduate school and simultaneously exploring one's future career path can be stressful. This session will help graduate students develop methods to better manage stress and promote self-care while balancing the multiple responsibilities and challenges of graduate school and preparing for one's future career. (1 PDU)*

**1:30 pm**      **Financial Preparation for Graduate School** presented by the Money Education Center  
*This session will help graduate students prepare financially for graduate school through discussing money management and financial goal setting as well as conducting a financial break-even analysis. (1 PDU)*

**2:30 pm**      **Break**

**2:45 pm**      **Managing Graduate Writing Projects** presented by the University Writing Center  
*This session will explore common types of graduate student writing projects and offer advice on selecting an appropriate topic, conducting research, as well as planning to meet academic goals and deadlines. (1 PDU)*

**3:45 pm**      **Closing Remarks and Discussion**



**G.R.A.D. AGGIES**

Graduate Resources and Development

G.R.A.D. Aggies is a collaborative effort of several TAMU offices to provide support for graduate & professional students through preparing them for professional life after graduate school.