

G.R.A.D. AGGIES DAY SPRING 2019

March 1st 2019 | MSC 1400

In preparation for G.R.A.D. Aggies Day, please:

- bring a laptop (and charger) or tablet in order to actively participate in some of the sessions;
- create an Imagine PhD account: <https://www.imaginephd.com/>;
- bring any estimates of your financial expenses/budget or offer letter information for a self-financial analysis.

- 9:00 am** **Welcome and Introduction to G.R.A.D. Aggies Day Spring 2019**
- 9:15 am** **Creating an Individual Development Plan** presented by the Career Center & Center for Teaching Excellence
This session will familiarize students with Individual Development Plans (IDPs) and resources. IDPs help graduate students 1) identify possible career paths, 2) assess skills that need strengthening, and 3) strategically progress towards career goals and degree completion. In this session students will become familiar with the Center for Teaching Excellence's IDP tool and its utility in identifying and achieving academic and career goals. Students will also have the opportunity to explore the Graduate Career Consortium's ImaginePhD IDP tool, which allows students to assess values, interests and skills and how they intertwine when determining career paths.
- 10:00 am** **Coffee Break**
- 10:15 am** **Financial Preparation for Graduation** presented by the Money Education Center
This session will help graduate students prepare financially for graduation through discussing money management and financial goal setting as well as conducting a financial break-even analysis, a useful tool when evaluating salaries and job offers.
- 11:00 am** **Copyright Basics** presented by the University Libraries
This session will help graduate students better understand their rights as students through articulating the foundations of copyright laws and how they relate to academic work. This session will be beneficial to anyone who is writing, researching, or creating.
- 11:45 am** **Lunch (MSC Room 2406B)**
- 12:30 pm** **Motivation Strategies for the Classroom & Workplace** presented by the Center for Teaching Excellence
Motivation is one of the most important prerequisites for progress but also one of the most difficult to cultivate as a leader or instructor. In this session, motivation theory and its application to the classroom and workplace will be discussed. By the end of the session, participants will be able to design lessons that target and increase student motivation.
- 1:15 pm** **Creating a Life of Balance & Wellness** presented by Student Counseling Service
Completing graduate school and simultaneously exploring one's future career path can be stressful. This session will help graduate students develop methods to better manage stress and promote self-care while balancing the multiple responsibilities and challenges of graduate school and preparing for one's future career.
- 2:00 pm** **Break**
- 2:15 pm** **Developing Effective Poster Presentations** presented by the University Writing Center
This session will discuss the elements of creating effective poster presentations including how to visually and orally communicate the important aspects of a student's research, internship experience, or other project to expert and non-expert audiences.
- 3:00 pm** **G.R.A.D. Aggies Day Spring 2019 - Closing Remarks and Discussion**



G.R.A.D. AGGIES
Graduate Resources and Development

G.R.A.D. Aggies is a collaborative effort of several TAMU offices to provide support for graduate students through preparing them for professional life after graduate school.