

Individual Development Program (IDP) Resources

What are IDPs? Academic and Career Development tools for graduate students to:

- Conduct self-assessment of interests, personality traits, values and skills
- Identify and explore careers that match your preferences
- Identify skills needed for career paths and strengthen any skill deficiencies
- Set Academic Goals, Career, Personal, Financial and Professional Development Goals annually
- Discuss goals with chair or mentor to complete your degree and prepare for your career

Texas A&M University



The Individual Development Plan (IDP) CTE-TAMU

<https://tx.ag/CTETAMUIDP>

Target Audience: Graduate Students and Postdocs

Mapping your way to success

- *Identify professional goals and objectives
- * Assess current skills
- * Communicate with their advisor and mentor to develop an action plan to achieve short-term and long-term objectives

American Association for the Advancement of Sciences AAAS



myIDP <https://myidp.sciencecareers.org/>

Target audience: STEM, especially biomedical scientists

- *Exercises to help you examine your skills, interests and values
- *Explore 20 scientific career paths
- *Predicts which careers best fit your skills & interests
- *A tool for setting strategic goals for the coming year
- *Articles and resources to guide you through the process

American Chemical Society



ChemIDP <https://chemidp.acs.org/>

Target audience: graduate students and postdocs in the the chemical sciences

- *Assess and strengthen professional and technical skills
- *Explore career options in industry, government, academia, non-profit and entrepreneurship with 13 career paths
- *Develop and prioritize goals, track accomplishments

Graduate Career Consortium

Imagine PhD <https://www.imaginephd.com>



Target Audience: Social Sciences and Humanities

- *Assessments for Interests, Skills and Values
- *Explore 16 Job Families
- *Evaluate your skill levels compared to experts in the job families
- *Resources to strengthen skills, explore careers, connect to others
- *Set SMART goals for Degree completion, Career, Skills, Personal, and
- *Financial Development

IMAGINE PHD

Key Components

3 Assessments;

- Interests - What do you most enjoy and least enjoy in your work
- Skills - Assess your abilities in seven categories of skills
- Values – Rank what is most important to you about your work environment

16 Job Families

- Compare how your skills and interest levels align with PhD experts in each job family
- Evaluate how your interests and skills match each job family
- Identify skills that need to be strengthened
- Utilize sample informational interview questions to determine how well your values match with different companies and organizations

Resources

- EXPLORE -Career paths in each job family, profiles of professionals
- CONNECT- Groups and organizations, informational interviews
- SKILLS - Tutorials and courses to strengthen skills needed for a job family
- APPLY - Job sites and strategies

My Plan - Create Goals for:

- Academic Degree Completion
- Skills Development
- Career Development
- Personal Development
- Financial Development